

Kindling Thoughts

A ONE DESIRE Devotional
From Pastor Scott



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Science tells us that our physical thirst is the body's defense mechanism, warning us to increase water consumption in response to pending dehydration. In other words, being thirsty is your body's way of asking for more of what it critically needs to survive.

Have you ever considered that our spiritual thirst might also be telling us something? Our spiritual thirst is our soul asking for more of what it critically needs to flourish and thrive spiritually.

Just as our body can't survive without water, our inner being can't survive without the Living God. Just as our body uses physical thirst to draw attention to our physical needs, so our soul uses spiritual dryness to draw attention to our spiritual needs.

Rather than lament and bemoan seasons of spiritual dryness, what if we recognize them as gifts from the Lord, warning us, calling out to us, from the depths of our soul?

In times like these, we need discerning ears to hear the message of what our thirst is telling us. It's our soul's defense mechanism, warning us to increase our consumption in response to pending spiritual dehydration. But what do we consume that will quench and rehydrate our inner being?

A Lesson From David

David gives us some insight in Psalm 63:1-2.

*¹O God, you are my God; earnestly I seek you;
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no water.*

*²So I have looked upon you in the sanctuary,
beholding your power and glory.*

In response to his thirsty soul, David chose to "look upon" the Lord, "beholding (His) power and glory." He sets a clear example for us to follow.

"Do not be slothful in zeal, be fervent in spirit, serve the Lord."

-Roman 12:11

Our Spiritual Thirst
Is Our Soul Asking
For More Of What It
Critically Needs
To Flourish And
Thrive.

Beholding His Power And Glory

As you would walk around a beautiful statue, considering every facet of its attributes, in your heart and mind circle around the stature of the Lord, beholding the unending facets of His glorious attributes and the rich treasures found in His presence.

As you would gently hold a newborn child, marveling at every precious feature, reverently behold the Lord in your heart, marveling at every precious feature - His tenderness and strength, His humanity and holiness, His servanthood and splendor, His awesome wrath and amazing grace...and so much more.

Spiritual Thirst Is Our Soul's
Defense Mechanism,
Warning Us To Increase Our
Consumption Of The
Satisfying Glories Of God.

Friend, thank the Lord for your thirst. As uncomfortable as it is, He gave it to you as a warning, drawing your attention to your spiritual dehydration, reminding you of Jesus' invitation that *"if anyone thirsts, let him come to me and drink."* (John 7:8)



As you ask the Lord to increase your zeal, may your parched soul cry out:

*"Lord, quench my thirst!
As my spirit beholds and meditates on your power and glory,
guide my soul to drink deeply from your glorious presence today.
Amen"*

Like sticks of kindling wood, I pray the Lord uses this simple thought to stoke the fires that increase your zeal.

At WOL, we speak often about **L**iving **I**ntentionally **F**or **E**ternity (L.I.F.E.). So...

May the Lord bless you as you live a L.I.F.E. marked by Zeal!